

PRESS RELEASE

Cary Acupuncturist David Peters, forms Long Life Wellness Center, a Wellness Cooperative with 14 Holistic Health Practitioners in Cary, NC

April 30, 2014, Cary, NC

Cary Acupuncturist David Peters, L.Ac. and partners Karen Velasquez, L.Ac. and Tracy Sturdivant, L.Ac. have formed a Wellness Cooperative called the Long Life Wellness Center (<http://www.longlifewellnesscenter.com>). The Long Life Wellness Center, located at 1127 Kildaire Farm Road in Cary, NC, will house a total of 14 wellness and holistic health practices in the areas of acupuncture, massage therapy, yoga therapy, physical therapy, marriage and family counseling, nutritional counseling, health coaching, hypnotherapy, and medical qigong therapy. The Long Life Wellness Center will be open for business on May 1, 2014.

According to the National Center for Health Statistics (NCHS), nearly 40 percent of Americans are using some form of complementary or holistic healthcare. Holistic medicine is based on the principle of strengthening the body's self-healing system, making it both a preventative approach that supports wellness, as well as a therapeutic approach that supports people recovering from illness.

"Most chronic disease is exacerbated by stress," says Peters, "and traditional medicine doesn't address stress very well. We have highly skilled practitioners in complementary and alternative medicine therapies. Our purpose at the Long Life Wellness Center is to serve the community in a heart-centered way, providing support, relief, and education to empower people to better manage their health."

The 14 treatment-room facility has a large, two-story classroom where tai chi, yoga and qigong classes will be held. There is also a smaller classroom for group meetings, workshops, and small classes. The two classrooms can also be rented for wellness-related activities. Contact David Peters at 919-274-8054 for more information.

For a complete list of the practitioners at the Wellness Center, visit their website at <http://www.longlifewellnesscenter.com>. The Long Life Wellness Center is located near the corner of Kildaire Farm Road and Kilmayne Drive, just south of the CVS drug store, in Cary, NC.

David Peters, L.Ac., LMBT, MSOM, has practiced Oriental Medicine for 15 years and worked as a massage therapist and physical therapist before becoming a licensed acupuncturist in 2005. He has successfully treated hundreds of fertility patients in cooperation with their physicians for seven years. David also specializes in musculoskeletal disorders, gastroenterological disorders, depression, anxiety and addiction. Peters is also a former Chairman of the North Carolina Acupuncture Licensing Board (NCALB).

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